













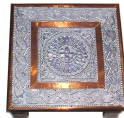





















|| JananShant/GrahaShant Samagri (Material) List ||

| | Description of material (Please keep material separate in different disposable plates #1, #2, #3, #4, #5 & #6 as given below) | Quantity |
|---|--|---------------------|
| (1) Material For Hom Havan (Yagya) | | |
| 1. | Red Bricks – Regular construction bricks available at Home Depot, Orchard Hardware Supplies etc...  | 25 |
| 2. | A small pan with handle to be used as Agni Patra.  | 1 |
| 3. | Aluminum Foils Approx. 4' X 2'  | 3-4 Pieces |
| 4. | Fire Burning Wood Sticks 6" – 8" long.  | 15-20 Pieces |
| 5. | Ready to light Charcoal Briquettes (Used for Bar-Be-Q)  | 15-20 Pieces |
| 6. | Wood Burning Lighter Fluid  | 1 Bottle |
| 7. | Pure Ghee  | 1 Bowl |
| 8. | Black Sesame (Til) & Regular White Sesame (Til) | 1 Bowl Each |
| 9. | Sattu – Jau – Jav (Barley)  | 1 Bowl |
| 10. | Black Urad Dal (Black Lentil Whole Grains)  | 1 Bowl |
| 11. | Sapta Dhanya - Seven types of grains like – Beans (Chavali, Rajma, Vatane, Chhole...), Masoor (lentil), Gram (Harbhara) etc... | 1 Bowl Each |
| 12. | Paddy Puffed Rice (Puffed Rice or Pop Corn can be also used)  | 1 Big Bowl |
| 13. | Panch Pallav/Navagrah Samidha - 4" long dry sticks of – Amba (Mango), Umbar, Pimple, Jambhul, Vad (Banian). If possible any of these can be also arranged Shami, Palas, Khair, Limbu (Lemon), Aghada, Chandan. (Note: If nothing of above is available, dry sticks of any five different types of trees from your back yard will serve the purpose) Readymade packets containing Navagrah Samidha available at Pooja International, Fremont, CA. | 1 Packet |

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|-----|---|-----------------|
| | (2) Material For Janan Shant | Quantity |
| 14. | Red Yellow, Green, Rangoli Colors. Decorate the entrance of your house with an attractive Rangoli Design. You can also use colored chalks or crayons.  | 1 Bowl |
| 15. | Rangoli (fine powder of white stone, used to create decorative designs in front of the door of the house) | 1 Bowl |
| 16. | Cotton Balls  | 10-12 |
| 17. | Yellow Mustard | 1 Bowl |
| 18. | Rice Grains | 2 Bowls |
| 19. | Wheat Grains | 1 Bowl |
| 20. | Small lamps of Kanik i.e. Aata (Wheat Flour) like earthen lamps (Panati) used in Diwali.  | 5-6 |
| 21. | Decorative door hanging  | 1 |
| 22. | Nakshtra or Graha Pratima of which Shant is to be performed or small locket with goddess embossed (JiBowl) | 1 (MUST) |
| 23. | Panch Dhatu (Small pieces of five metals – e.g. Gold, Silver, Copper, Brass, Steel, Iron etc to be put in the earthen pot with the Vastu Pratima. Small nails, pieces of wires, drawing pins, small balls/bids, cut pieces etc... can be used). | 1 Set |
| 24. | Panch Ratna Dan – Very small bids of (1) Hira (Diamond), (2) Moti (Pearl), (3) Povale (Coral), and very small pieces of (4) Sone (Gold), (5) Chandi (Silver), Only if you can afford & wish... this is to be donated to Priest. | 1 set |
| 25. | Vastra Dan – shirt / shawl / chadar (bed sheet) / Table cloth / Neck Tie etc...as you wish & can afford. | 1 |
| 26. | Upavastra Dan - uparane / pancha / towel / Napkin / handkerchief etc... as you wish & can afford. | 1 |
| 27. | Patra Dan – Kalash / Bhande / Bowl / Pela / Bowl / Plate etc... made of Silver/Stainless Steel/Brass/Copper/Glass/Plastic etc...as you wish & can afford. | 1 |
| | (3) Material for Janan Shant Dais (Stage/Platform) | Quantity |
| 28. | Chaurang - Four legged wooden square stool (18"X18"X6-8")  | 1 |
| 29. | Shankha - Conch  | 1 |
| 30. | Ghanta – Bell (Silver/Stainless Steel)  | 1 |
| 31. | Ganesh Murti (Silver/Brass/Copper/Stainless Steel) | 1 |

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|-----|---|-----------------|
| 32. | Kul - Devata - Family Deity, Lakshmi Murti (Silver / Brass / Copper / Stainless Steel), photos or coins. | 1 each |
| 33. | Decorative cloth on the Chaurang (Dais) like table cloth, shawl etc... | 1 |
| 34. | Vastra (Cloth - like blouse piece, handkerchief, napkin...) for Kalash | 2 |
| 35. | Flower pots with 5-6 flowers each with long stems can also be used instead)  | 2 |
| 36. | Samai (Brass/Stainless Steel/silver Lamp with 5 or 7 wicks) used with oil. (Only ONE wick to be lighted during Pooja due to wooden construction of houses in USA)  | 1 |
| 37. | Seating Mattresses (1 for Panditji, 2 for host couple) | 3 |
| 38. | Match Box or Gas Lighter | 1 |
| 39. | Cello Tape | If necessary |
| 40. | Scissor/knife for cutting thread etc... | 1 |
| 41. | Paper Napkins | 1 Roll |
| | (4) Material for Host for performing Janan Shant | Quantity |
| 42. | Kalash/Loti (Silver/Copper/Stainless Steel). Traditional Indian pot used for keeping drinking water during lunch or dinner, can also be used if Pooja Kalash is not available.  | 2 (MUST) |
| 43. | Tamhan/Purnapatra (7-8" diameter) (Silver/Copper/Stainless Steel Plate traditionally used in Pooja one is used for keeping on Kalash & other is used for Pooja Vidhi)  | 2 (MUST) |
| 44. | Panchpatra/Bhande (Silver/Copper/Stainless Steel – traditional Indian pot used for drinking water during lunch or dinner, it is about 3 inches in height & 2.5 inches in diameter) & Pali (Silver/Copper/Stainless Steel – traditional spoon used in pooja)  | 1 Set (MUST) |
| 45. | Niranjan (Silver/Brass/Stainless Steel Lamp with one wick used with ghee)  | 1 |
| 46. | Silver/Stainless Steel Plates with 9"-12" diameter – 1 for Aarti and another for keeping pooja material  | 2 |
| 47. | Water Jar/Jug/Bottle (½ Gallon) (Stainless Steel/Plastic) | 1 |

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|--|--|----------------------|
| 48. | Utensil/Bowl (½ Gallon) (Stainless Steel/Plastic) for keeping used water  | 1 |
| 49. | Medium size stainless steel bowls or utensils for Punahavachan Vidhi  | 2 |
| 50. | 5 types of Fruits (Mango, Banana, Apple, Orange, Grapes, Pear, Peach etc...) | 5 each |
| 51. | 1 Dollar Bills | 11 |
| 52. | Quarter Coins | 11 |
| 53. | Cotton Balls  | 10-12 |
| 54. | Janve (Janeu) (Holy Thread)  | 5-6 pairs |
| 55. | Red Holy Thread (Moli)  | 1 Reel |
| (5) Tray/Plate 1 - Gandhakshata | | Quantity |
| 56. | Akshata (Rice Grains mixed with Kumkum) - 9 Oz (250 gms) | 1 Bowl |
| 57. | Halad (Turmeric Powder)- 3-4 Oz (85-100 gms) | 1/2 Bowl |
| 58. | Kumkum (Red Powder) ---"--- | 1/2 Bowl |
| 59. | Sandalwood Tablets or Powder | 1 set/1 small packet |
| 60. | Ashtagandha (Scented Orange Powder) ---"--- | 1/4 Bowl |
| (6) Tray/Plate 2 - Dhoop Aarti (Prayer) | | Quantity |
| 61. | Agarbatti (Thin Incense Sticks) with stand; ensure the stand is stable. Keep it in a Stainless Steel plate to avoid ash falling on the floor/carpet. | 1 box |
| 62. | Dhoop (Thick Incense Sticks/Cones/crystals etc...) with stand/small metal plate | 1 box |
| 63. | Kapur (Camphor) with Kapur Aarti Patra/Plate | 1 Box |
| (7) Tray/Plate 3 - Naivedya (Offering) | | Quantity |
| 64. | Tambulam (Beatle leaves with stem)  | 25 |
| 65. | Supari (Beatle Nuts)  | 40 |
| 66. | Pancha khadya - (5 types of dry fruits) e.g. Kharik (Dry Dates), Kaju (Cashews), Badam (Almonds) Manuka (Resins), Piste (Pistachio) | 10 each |
| 67. | Dry Coconut small triangular pieces  | 8 |

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|--|---|-----------------|
| 68. | Gud (Jagary)  | 12 pcs |
| 69. | Khadisakhar (Sugar Crystals) | 4 Oz (100 gms) |
| 70. | Naral / Nariyal- (Coconut with water)  | 5 (Five - Must) |
| (8) Tray/Plate 4 – Naivedya/Prasad (Offering) | | Quantity |
| 71. | Panchamrut (Mixture of Milk, Curd, Honey, Sugar, Ghee) | 1 bowl |
| 72. | Maha Naivedya - Regular Food (Rice, Daal, Vegitable, Salad/Chatni, Chapati/Puri, Pickle, Papad, Udid Vade etc...) | 1 Plate |
| 73. | Any one sweet of your choice e.g. Pedhe / Barphi / Ladu / Gilebi / khir etc... | As Desired |
| 74. | Naivedya for Uttar pooja (Dahi Bhat - curd rice will do) | 1 Plate |
| (9) Tray/Plate 5 - Pushpam - Flowers | | Quantity |
| 76. | Tulasipatra (Leaves of Tulasi) | 5-10 |
| 77. | Flowers Assorted (Rose, Marigold etc...) | 20-30 |
| 78. | Durva - grass with 3 pronged blades if available | 4-5 pairs |
| (10) Tray/Plate 6 - Miscellaneous | | Quantity |
| 79. | Ghee for Niranjan & Oil for Samai | 1 Bowl each |
| 80. | Attar - (Scent) small bottle | 1 |
| 81. | Plates / Trays (Stainless Steel /Plastic/Throw away) for keeping Pooja Material | 4-5 As Required |
| Important | | |
| <ul style="list-style-type: none"> • Janan shant is about 4 hours vidhi (routine) depending on the breaks required to be taken as per the physical abilities of the host, as well as the availability of the pooja material. • Please ensure that all the material is available and kept well organized near the pooja dais (stage/platform). • If you have any shortage or facing difficulties in understanding any description please contact Panditji. • Ensure that the Janan shant vidhi begins latest by 9 AM so that it can be completed in time. • Ensure that you have some relatives/friends (at least 2 men & 2 women) to help you on the Janan Shant day right from the beginning till end. • Please do not compromise unless you are required to. • Ensure that the quantity of Panchamrut & other Naivedya/Prasad e.g. Pedhe, Barfi etc... is adequate for the total number of guests present at the time of Pooja. | | |
| Authentic Source of Pooja Material in USA: | | |
| Pooja International , 34159 Fremont Blvd., Fremont , CA 94555 Contact: Sunita D Singh Tel: 510-793-7930 / 408-569-0990 | | |