













|| Namakaran Samagri (Material) List ||

	Description of material	Quantity
(1) Material For Namakaran Vidhi		
1.	New dress for the child	1
2.	New gold or silver jewelry item for the child.	1
3.	Cradle for the child if available	1
(2) Material for Namakaran Vidhi Dais (Stage/Platform)		Quantity
4.	Chaurang - Four legged wooden square stool (Approx 18"X18"X6-8") <i>(Small rectangular folding coffee tray, or even a square or rectangular corrugated box will serve the purpose)</i>	1
5.	Shankha - Conch	1
6.	Ghanta – Bell (Silver/Stainless Steel)	1
7.	Ganesh Murti (Silver/Brass/Copper/Stainless Steel)	1
8.	Kul-Devata - Family Deity, Lakshmi Murti (Silver/Brass/Copper/Stainless Steel), photos or coins.	1 each
9.	Decorative cloth on the Chaurang (Dais) like table cloth, shawl etc...	1
10.	Household Aluminum Foils Approx. 4' X 2'	3-4 Pieces
11.	Samai (Brass/Stainless Steel/silver Lamp) used with oil.	1
12.	Red Yellow, Green, Rangoli Colors. Decorate the entrance of your house with an attractive Rangoli Design. You can also use colored chalks or crayons.	1 Small Bowl each 4 Oz (100 gms)
13.	Rangoli (fine powder of white stone, used to create decorative designs in front of the door of the house)	5-6 Oz (150 gms)
14.	Seating Mattresses (1 for Panditji, 2 for host couple)	3
15.	Match Box or Gas Lighter	1
16.	Cello Tape	If necessary
17.	Scissor/knife for cutting thread etc...	1
18.	Paper Napkins	1 Roll
(3) Material for Host for performing Vastu Shant		Quantity
19.	Kalash/Loti (Silver/Copper/Stainless Steel). Traditional Indian pot used for keeping drinking water during lunch or dinner, can also be used if Pooja Kalash is not available.	2 (MUST)
20.	Tamhan/Purnapatra (7-8" diameter) (Silver/Copper/Stainless Steel Plate traditionally used in Pooja one is used for keeping on Kalash & other is used for Pooja Vidhi)	2 (MUST)

	Description of material	Quantity
21.	Panchpatra/Bhande (Silver/Copper/Stainless Steel – traditional Indian pot used for drinking water during lunch or dinner, it is about 3 inches in height & 2.5 inches in diameter) & Pali (Silver/Copper/Stainless Steel – traditional spoon used in pooja)	 1 Set (MUST)
22.	Niranjan (Silver/Brass/Stainless Steel Lamp with one wick used with ghee)	 1
23.	Water Jar/Jug/Bottle (½ Gallon) (Stainless Steel/Plastic)	1
24.	Utensil/Bowl (½ Gallon) (Stainless Steel/Plastic) for keeping used water	 1
25.	5 types of Fruits (Mango, Banana, Apple, Orange, Grapes, Pear, Peach etc...)	5 each
26.	1 Dollar Bills	11
27.	Quarter Coins	11
28.	Kapus (Approximately 1-2" diameter cotton balls)	 5-6
29.	Kapas vastra (Procedure: Take a cotton ball, stretch it slowly to make a 6-8" band. Prepare a chain of 5 small cotton beads by applying Kumkum & haladi alternately on the joints)	6
30.	Janve (Janeu) (Holy Thread)	 5-6 pairs
31.	Red holy thread (Moli) for preparing Rakhi & for Kalash	 10 feet
(4) Tray/Plate 1 - Gandhakshata		
32.	Akshata (Rice Grains mixed with Kumkum) - 9 Oz (250 gms)	1 Bowl
33.	Halad (Turmeric Powder)- 3-4 Oz (85-100 gms)	1 Small Bowl
34.	Kumkum (Red Powder) ---"---	1 Small Bowl
35.	Gulal (Pink Powder) ---"---	1 Small Bowl
36.	Shendur (Dark Orange Powder) 1-2 Oz (40-50 gms)	1 Small Bowl
37.	Bukka / Abir (Black Powder) ---"---	1 Small Bowl
38.	Ashtagandha (Scented Orange Powder) ---"---	1 Small Bowl
(5) Tray/Plate 2 - Dhoop Aarti (Prayer)		
39.	Agarbatti (Thin Incense Sticks) with stand; ensure the stand is stable. Keep it in a Stainless Steel plate to avoid ash falling on the floor/carpet.	1 box
40.	Dhoop (Thick Incense Sticks/Cones/crystals etc...) with stand/small metal plate	1 box
41.	Kapur (Camphor) with Kapur Aarti Patra/Plate	1 Box
42.	Sandalwood Powder or Tablets	1 small packet
(6) Tray/Plate 3 - Naivedya (Offering)		
43.	Tambulam (Beatle leaves with stem)	 15
44.	Supari (Beatle Nuts)	 30

	Description of material	Quantity
45.	Pancha khadya - (5 types of dry fruits) e.g. Kharik (Dry Dates), Kaju (Cashews), Badam (Almonds) Manuka (Resins), Piste (Pistachio)	10 each
46.	Dry Coconut small triangular pieces 	8
47.	Gud (Jagary) Khobare (Place small pieces of Gud on triangular pieces of dry coconut). 	8 sets
48.	Khadisakhar (Sugar Crystals)	1 small bowl
49.	Naral - (Coconuts with water) 	5
(7) Tray/Plate 4 - Naivedya (Offering)		Quantity
50.	Panchamrut (Mixture of Milk, Curd, Honey, Sugar, Ghee)	1 bowl
51.	Maha Naivedya - Regular Food (Rice, Daal, Vegitable, Salad/Chatni, Chapati/Puri, Pickle, Papad, Udid Vade etc...)	1 Plate
52.	Any one sweet of your choice e.g. Pedhe / Barphi / Ladu / Gilebi / khir etc...	As Desired
(8) Tray/Plate 5 - Pushpam - Flowers		Quantity
53.	Tulasipatra (Leaves of Tulasi)	5-10
54.	Flowers Assorted (Rose, Marigold etc...)	20-30
55.	Flower Garland (For murti & photos of deities used in pooja)	As required
56.	Door Hanging 	1
(9) Tray/Plate 6 - Miscellaneous		Quantity
57.	Ghee for Niranjan & Oil for Samai	1 Small Bowl each
58.	Attar - (Scent) small bottle	1
59.	Plates / Trays (Stainless Steel /Plastic/Throw away) for keeping Pooja Material	4-5 As Required
Important		
<ul style="list-style-type: none"> Namakaran vidhi is about 2 hours vidhi (routine) depending on the breaks required to be taken as per the physical abilities of the host, as well as the availability of the Pooja material. Please ensure that all the material is available and kept well organized near the pooja dais (stage/platform). If you have any shortage or facing difficulties in understanding any description please contact Panditji. Ensure that the vidhi begins on time so that it can be completed in time. Ensure that you have some relatives/friends (at least 2 men & 2 women) to help you on the day of Pooja right from the beginning till end. Please do not compromise on vidhi material or steps unless you are required to. Ensure that the quantity of Panchamrut & other Naivedya/Prasad e.g. Pedhe, Barfi etc... is adequate for the total number of guests present at the time of Vidhi. 		
Authentic Source of Pooja Material in Bay Area:		
Pooja International , 34159 Fremont Blvd., Fremont , CA 94555 Contact: Sunita D Singh Tel: 510-793-7930 /408-569-0990		